

JESSICA A. MAXWELL, PH.D.

Department of Psychology

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EDUCATION AND RESEARCH EXPERIENCE

Sept 2017

Postdoctoral Fellow

Florida State University

Mentor: Jim McNulty

2012- Summer 2017

Ph.D. in Psychology

University of Toronto

Mentors: Geoff MacDonald, Emily Impett, Amy Muise

Thesis title: *Great Sexexpectations: How Implicit Theories of Sexuality Shape Sexual and Relationship Well-Being*

Winter 2015

Visiting Scholar

Florida State University

Mentor: Jim McNulty

2011-2012

M.A. in Psychology

University of Toronto

Mentors: Geoff MacDonald, Emily Impett

Thesis title: *Ignoring the Love: Attachment Avoidance and Empathic Accuracy in Romantic Conversations*

2011

B.A. Honours with Distinction in Psychology

Queen's University

Mentors: Tara MacDonald, Lee Fabrigar

Thesis title: *The Relationship Between Perceived Partner Regard and Appearance as Influenced by Attachment Anxiety and Partner Rejection*

PUBLICATIONS

Maxwell, J. A., Muise, A., MacDonald, G., Day, L. C., Rosen, N. O. & Impett, E. A. (2017) How Implicit Theories of Sexuality Shape Sexual and Relationship Well-Being. *Journal of Personality and Social Psychology: Interpersonal Relations and Group Processes*, 112, 238-279.

Maxwell, J. A., Spielmann, S. S., Joel, S., & MacDonald, G. (2013). Attachment theory as a framework for understanding responses to social exclusion. *Social and Personality Psychology Compass*, 7, 444-456.

Spielmann, S. S., MacDonald, G., **Maxwell, J. A.**, Joel, S., Peragine, D., Muise, A., & Impett, E. A. (2013). Settling for less out of fear of being single. *Journal of Personality and Social Psychology*, *105*, 1049-1073.

Spielmann, S. S., **Maxwell, J. A.**, MacDonald, G., & Baratta, P. L. (2013). Don't get your hopes up: Avoidantly attached individuals perceive lower social reward when there is potential for intimacy. *Personality and Social Psychology Bulletin*, *39*, 91-107.

Under Review:

Muise, A., **Maxwell, J. A.**, Impett, E. A. How theories and methods from relationship science can make sex research better. Invited revise & resubmit for *The Annual Review of Sex Research*.

RESEARCH FUNDING

2017-2019	SSHRC Postdoctoral Fellowship	[\$81,000]
2016-2017	Ontario Graduate Scholarship	[\$15,000]
2015	SSHRC Michael Smith Foreign Study Supplement	[\$6 000]
2013-2016	Joseph-Armand Bombardier Canada Graduate Scholarship Doctoral	[\$105 000]
2012-2013	Ontario Graduate Scholarship	[\$15 000]
2011	Joseph-Armand Bombardier Canada Graduate Scholarship Masters	[\$17 500]
2011	Ontario Graduate Scholarship	[\$15 000, declined]

HONOURS AND AWARDS

2017	University of Toronto Ken Dion Award for Most Outstanding Social/Personality Psychology Graduate Student	
2017	University of Toronto Three Minute Thesis Competition, Second Place Winner	
2017	Relationship Researchers Interest Group (SPSP) 2017 Graduate Student Paper Award	
2016	University of Toronto Doctoral Completion Award	[\$3,180]
2015	Society for Personality and Social Psychology Outstanding Research Award	[\$100]
2014	Canadian Sex Research Forum Student Poster Award; runner-up	[\$200]
2014	International Association for Relationship Research Conference Student Travel Award	[\$380]
2014	University of Toronto Social/Personality Best Student Talk Award	
2014	University of Toronto Arts and Science Travel Grant	[\$1 000]

- 2013 Society for Personality and Social Psychology Student Travel Award [\$500]
- 2013 Society for Personality and Social Psychology Student Poster Award; runner-up [\$50]
- 2012 William Line Memorial Graduate Scholarship in Psychology, University of Toronto [\$2 400]
- 2012-2013 University of Toronto School of Graduate Studies Conference Travel Grant [\$860]
- 2012 International Association for Relationship Research Conference Student Submission Award [\$190]
- 2011 Canadian Psychology Association Certificate of Academic Excellence (Honours Thesis)
- 2009-2011 Dean's Honour List with Distinction (awarded to top 3 percent of degree program), Queen's University
- 2010 Geneva Misener Scholarship in Social Sciences for outstanding students, Queen's University [\$2 800]
- 2009 Gordon and Myrtle Adams Scholarship (awarded to female with highest standing in any B.A. program), Queen's University [\$1 300]

CONFERENCE CONTRIBUTIONS

* denotes supervised undergraduate student at time of submission

CHAired SYMPOSIA

Maxwell, J. A. (2015, October, Chair). *Let's get together ;): The modern day dating landscape*. Speakers: Jessica Maxwell, Dr. Jocelyn J. Wentland & Dr. Amanda N. Gesselman. Symposium conducted at the 2015 annual meeting of the Canadian Sex Research Forum, Kelowna, Canada.

Maxwell, J. A. (2015, June, Chair). *Staying Together: Individual and Relationship Factors That Break and Bolster Healthy Romantic Relationships*. Speakers: Dr. Tara MacDonald, Sabrina Thai, Jessica Maxwell & Emilie Auger. Symposium conducted at the 76th annual meeting of the Canadian Psychological Association, Ottawa, Canada.

ORAL PRESENTATIONS

Maxwell, J. A., Rossi, M. A., Barranti, M., & MacDonald, G. (2017, November). *Let's Try Something New: Using Response Surface Analysis to Understand the Effects of Sexual Accuracy and Similarity*. Symposium presentation [to be given] at the 2017 meeting of the Society of Southeastern Social Psychologists, Atlantic Beach, FL.

Maxwell, J. A., Rossi, M. A., Barranti, M., & MacDonald, G. (2017, June). *Let's Try Something New: Using Response Surface Analysis to Understand the Effects of Sexual Accuracy and Similarity*. Oral presentation at the 2017 Mini-Conference of the International Association for Relationships Research, Syracuse, NY.

Maxwell, J. A., Muise, A., MacDonald, G., Day, L. C., Rosen, N. O. & Impett, E. A. (2017, January). *Sexpectations: How Implicit Theories of Sexuality Shape Sexual and*

Relationship Well-being. Invited data blitz presentation at the Close Relationships Preconference at the 18th annual meeting of the Society for Personality and Social Psychology, San Antonio, Texas.

Maxwell, J. A., Rossi, M. A. *, & MacDonald, G. (2016, September). *Anxious to Please: Attachment Insecurity and Detecting a Romantic Partner's Sexual Likes*. Data blitz at the 2016 annual meeting of the Canadian Sex Research Forum, Quebec City, Canada.

Maxwell, J. A., Muise, A., MacDonald, G., Day, L. C., Rosen, N. O. & Impett, E. A. (2016, July). *Passionate or Practical? How expectations about sexual satisfaction shape responses to sexual challenges in relationships*. Invited symposium presentation at the 2016 meeting of the International Association for Relationships Research, Toronto, Canada.

Schrage, K. M., **Maxwell, J. A.**, & MacDonald, G. (2016, July). *Feel the love: Behavioural methods of expressing affection to facilitate positive partner reactions*. Presentation at the 2016 meeting of the International Association for Relationships Research, Toronto, Canada.

Maxwell, J. A., MacDonald, G., Muise, A., Peragine, D. & Impett, E.A. (2016, June). *It Just Wasn't Meant To Be: How Destiny Beliefs Shape Anticipated and Actual Romantic Rejection*. Invited symposium presentation at the 77th annual meeting of the Canadian Psychological Association, Victoria, Canada.

Maxwell, J. A., Muise, A., MacDonald, G., Day, L. C., Rosen, N. O. & Impett, E. A. (2016, June). *Passionate or Practical? How expectations about sexual satisfaction shape responses to sexual challenges in relationships*. Invited symposium presentation at the 38th annual meeting of the Guelph Sexuality Conference, Guelph, Canada.

Maxwell, J. A., DiLorenzo, M. G. *, & MacDonald, G. (2015, October). *Keeping it Casual: Situational & Individual Differences in the Outcomes of Modern Sexual Relationships*. Symposium presentation at the 2015 annual meeting of the Canadian Sex Research Forum, Kelowna, Canada.

Maxwell, J. A., Rossi, M. A. *, & MacDonald, G. (2015, June). *I Like It Like That: Differences in Detecting a Romantic Partner's Sexual Likes*. Data Blitz presentation at the Social Personality Section Preconference of the 76th annual meeting of the Canadian Psychological Association, Ottawa, Canada.

Maxwell, J. A., MacDonald, G., & Impett, E. A. (2015, June). *Where is the Love? Avoidant Attachment and Empathic Accuracy in Romantic Conversations*. Symposium presentation at the 76th annual meeting of the Canadian Psychological Association, Ottawa, Canada.

MacDonald, G., **Maxwell, J. A.**, Muise, A., Day, L. C., & Impett, E. A. (2015, May). *Sexpectations: Destiny and Growth Beliefs Shape Sexual Well-being*. Invited symposium presentation at the 27th annual meeting of the Association for Psychological Science, New York, NY.

Maxwell, J. A., Muise, A., Impett, E. A., & MacDonald, G. (2014, July). *Sexpectations: The Benefits of Believing Sexual Satisfaction Takes Work*. Presentation at the 2014 meeting of the International Association for Relationship Research, Melbourne, Australia.

Maxwell, J. A., Muise, A., Impett, E. A., & MacDonald, G. (2014, May). *Destiny and Growth Beliefs in the Bedroom*. Talk at the 2014 York- University of Toronto Social/Personality/Abnormal Conference.

Maxwell, J. A., Muise, A., Impett, E. A., & MacDonald, G. (2013, January). *Sexpectations: The Benefits of Believing Sexual Satisfaction Takes Work*. Data blitz presentation at the 15th annual meeting of the Society for Personality and Social Psychology Sexuality Preconference, Austin, TX.

Maxwell, J. A., Muise, A., Impett, E. A., & MacDonald, G. (2013, October). *It Takes Work: The Influence of Implicit Theories of Sexual Relationships On Sexual Satisfaction*. Invited symposium presentation at the Canadian Sex Research Forum, Charlottetown, PEI, Canada.

MacDonald, G., Spielmann, S. S., **Maxwell, J. A.,** & Joel, S. (2012, September). *Social pain and social reward*. Keynote address at the Japanese Psychological Association, Tokyo, Japan.

MacDonald, G., Spielmann, S. S., & **Maxwell, J. A.** (2012, July). *Regulating relationship behavior through social reward perceptions*. Invited symposium presentation at the International Association for Relationship Research, Chicago, IL.

POSTER PRESENTATIONS

Schrage, K. M., **Maxwell, J. A.,** & MacDonald, G. (2017, January) *How do I love thee?: Behavioural methods of expressing affection to facilitate positive partner outcomes*. Poster presented at the 18th annual meeting of the Society for Personality and Social Psychology, San Antonio, Texas.

Nunez Segovia, A.* , **Maxwell, J. A.,** MacDonald, G. (2016, July). *No strings attached? How attachment orientation is related to the varieties of casual sexual relationships*. Poster presented at the at the 2016 meeting of the International Association for Relationships Research, Toronto, Canada.

Sanscartier, S.* , **Maxwell, J. A.,** Taylor, J. E.T., Lockwood, P. (2016, May). *Attachment Avoidance and Visual Attention for Emotional Faces over Time*. Poster presented at the 16th annual meeting of the Vision Sciences Society, St. Pete Beach, FL.

Maxwell, J. A., Rossi, M. A.* , & MacDonald, G. (2016, January). *I Like It Like That: Differences in Detecting a Romantic Partner's Sexual Likes*. Poster presented at the 17th annual meeting of Society for Personality and Social Psychology, San Diego, CA.

Maxwell, J. A., Muise, A., MacDonald, G., Day, L. C., & Impett, E. A. (2015, August). *Great Sexpectations: Believing Sexual Satisfaction Takes Work Predicts Higher Relationship*

Well-being. Poster presented at the annual meeting of the International Academy of Sex Research, Toronto, Canada.

DiLorenzo, M. G.*, **Maxwell, J. A.**, & MacDonald, G. (2015, June). *Don't Get Attached: the Influence of Attachment Orientations on the Experience of Casual Sex*. Poster presented at the 76th annual meeting of the Canadian Psychological Association, Ottawa, Canada.

Maxwell, J. A., Muise, A., Impett, E.A., Day, L.C. & MacDonald, G. (2015, February). *Passionate or Practical? How beliefs about sexual satisfaction influence reactions to sexual disagreements*. Poster presented at the 16th annual meeting of the Society for Personality and Social Psychology, Long Beach, CA.

Maxwell, J. A., Muise, A., MacDonald, G., Day, L.C., & Impett, E.A. (2014, October). *Passionate or Practical? How expectations about sexual satisfaction shape sexual well-being*. Poster presented at the Canadian Sex Research Forum, Kingston, ON, Canada.

Maxwell, J. A., Taylor, J.E.T., Pratt, J., & Lockwood, P. (2014, May). *Attachment Style Influences Saccades*. Poster presented at the 13th annual meeting of the Vision Sciences Society, St. Pete Beach, FL.

Maxwell, J. A., MacDonald, G., Impett, E.A., Muise, A., & Peragine, D. (2014, February). *When the Chosen One Doesn't Choose You Back: How Destiny Beliefs Influence Forecasting and Dealing with Rejection at Speed Dating*. Poster presented at the 15th annual meeting of the Society for Personality and Social Psychology, Austin, TX.

Larson, E., **Maxwell, J. A.**, Quickert, R.E., & MacDonald, T.K. (2014, February). *No Strings Attached? Attachment Orientations and Friends with Benefits Relationships*. Poster presented at the 15th annual meeting of the Society for Personality and Social Psychology, Austin, TX.

Maxwell, J. A., MacDonald, G., Impett, E.A., & Le, B.M. (2013, January). *Where is The Love? Avoidant Attachment and Empathic Accuracy in Romantic Conversations*. Poster presented at the 14th annual meeting of the Society for Personality and Social Psychology, New Orleans, LA.

Maxwell, J. A., Le, B.M., MacDonald, G., & Impett, E.A. (2012, July). *Ignoring Love: Attachment Avoidance Influences Empathic Accuracy in Romantic Conversations*. Poster presented at the International Association for Relationship Research in Chicago, IL.

Wood, J. K., Fabrigar L. R., **Maxwell, J. A.**, Hewitt, L. D. & Wegener, D. T. (2012, January). *MinorityReport: Cognitive Elaboration Moderates Minority Influence in Groups*. Poster presented at the 13th annual meeting of the Society for Personality and Social Psychology, San Diego, CA.

MENTORING AND TEACHING

COURSE INSTRUCTOR (University of Toronto)

Spring 2014-Summer 2017 Social Psychology of Interpersonal Relationships instructor (x5)

- Course evaluations: above department and faculty average on all metrics.

TEACHING ASSISTANT (University of Toronto)

Winter 2017 Research Specialist Research Practicum

Fall 2015 Theories of Psychopathology and Psychotherapy

Fall 2014 Intergroup Relations

Winter 2012- Winter 2014 Social Psychology of Interpersonal Relationships

Summer 2012 Sex Roles & Behaviour

GUEST LECTURES

2017 Research Specialist Seminar, University of Toronto

2016 Couple and Family Relationships, University of Guelph

2013- 2015 Social Psychology of Interpersonal Relationships, University of Toronto (x7)

2012 Sex Roles and Behaviour, University of Toronto

UNDERGRADUATE STUDENT MENTORING

2015-2016 Alicia Nunez Segovia, Thesis Student

2014-2015 Shayne Sanscartier, Thesis Student

2014-2015 Megan Rossi, Independent Project Student

2014 Miranda DiLorenzo, Independent Project Student

2013-2014 Jesse Wilde, Thesis Student * Winner of department's CPA Certificate of Academic Excellence

2014 Shayne Sanscartier, Mini-Thesis Student

2014 Michelle Hu, Mini-Thesis Student

2013 Carly Degenstein, Independent Project Student

2012 KaiYi Chuah, Independent Project Student

2012 Zoe Martin, Mini-thesis Student

PROFESSIONAL DEVELOPMENT

- 2016 University of Toronto Department of Psychology Teaching & Learning Community of Practice
- 2016 *How to Write a Lot*, University of Toronto, instructed by Paul Silvia
- 2016 *Bayesian Cognitive Modeling*, University of Toronto, instructed by Drs. Michael Lee and Joachim Vandekerckhove
- 2016 *Open Science Workshop*, University of Toronto, instructed by Dr. Liz Page-Gould
- 2015 *Open Science for Relationship Research*, University of Toronto Mississauga, instructed by Dr. Lorne Campbell
- 2015 *Summer Institute in Social and Personality Psychology*; Evolutionary Psychology workshop, Northeastern University, instructed by Drs. Jon Maner, Josh Ackerman & Debra Lieberman
- 2015 *Dyadic Data Analysis Workshop*, Summer Institute in Social and Personality Psychology, instructed by Dr. Tessa West
- 2014 *Undergraduate Student Teaching Workshop*, University of Toronto, instructed by Dr. John Vervaeke
- 2014 *Mediation & Moderation Workshop*, University of Toronto, instructed by Dr. Andrew Hayes
- 2014 *Teaching Assistant Training Program Teaching Fundamentals* certificate (6 workshops)
- 2014 *Multilevel Modeling Workshop*, University of Toronto, instructed by Dr. David Kenny
- 2013 *Dyadic Data analysis using MLM*, Data Analysis Training Institute of Connecticut, instructed by Drs. David Kenny and Randi Garcia
- 2012 *Multilevel Modeling Workshop*, University of Toronto, instructed by Dr. Aleksandr Kogan
- 2012 *Summer Program in Data Analysis (Multilevel Modeling)*, York University, instructed by Drs. John Fox and Georges Monette

PROFESSIONAL SERVICE

PEER-REVIEW

Ad hoc reviewer: *Personality and Social Psychology Bulletin*, *Journal of Sex Research*, *Journal of Social and Personal Relationships*, *Personal Relationships*

Submission reviewer for: *International Association for Relationships Research* presentations (2016), *Society for Personality and Social Psychology* Graduate Student Committee Outstanding Research Award (2014), *Association for Psychological Science* poster presentations (2013)

OTHER

2015- present	Journal of Social and Personal Relationships Editorial Assistant
2015- present	Science of Relationships Writer (www.scienceofrelationships.com)
2015 & 2017	“Sexposium” Public Conference Head of Organization Committee
2013-2014	University of Toronto Social & Personality Psychology Graduate Student Coordinator
2013	Toronto Relationships Interest Group (TRIG) Student Coordinator

SOCIETY MEMBERSHIPS

Canadian Psychological Association
Canadian Sex Research Forum
International Association for Relationship Research
International Association for Sex Research
Society for Personality and Social Psychology
Society for the Improvement of Psychological Science
Vision Sciences Society

SELECTED MEDIA COVERAGE

Psychology Today	The Key to a Good Sex Life—“Sexual Growth Beliefs” https://www.psychologytoday.com/blog/finding-love/201612/the-key-good-sex-life-sexual-growth-beliefs
CBC Radio Canada International	Secrets to a Happy Sex Life. http://www.rcinet.ca/en/2016/11/17/secrets-to-a-happy-sex-life/
The Independent	Great sex expectations: How to have a good sex life in long-term relationships http://www.independent.co.uk/life-style/love-sex/secret-good-sex-life-long-term-relationships-sexexpectations-university-toronto-a7404186.html
The National Post	Do problems in the bedroom spell doom for relationships? It depends on your ‘sex expectations’ http://news.nationalpost.com/news/do-problems-in-the-bedroom-spell-doom-for-relationships-it-depends-on-your-sexexpectations

REFERENCES

Dr. Geoff MacDonald
Department of Psychology
University of Toronto
gmacdonald@psych.utoronto.ca

Dr. Emily Impett
Department of Psychology
University of Toronto Mississauga
emily.impett@utoronto.ca

Dr. Amy Muise
Department of Psychology
York University
muisseamy@yorku.ca

