

# JESSICA A. MAXWELL, PH.D.

---

Department of Psychology

Florida State University

1107 West Call Street

Tallahassee, FL, USA

32306-4301

Tel: 1 850 345 0416

Jmaxwell2@fsu.edu

jessmaxwell.com

## EDUCATION AND RESEARCH EXPERIENCE

---

Sept 2017

### Postdoctoral Fellow

Florida State University

Mentor: Jim McNulty

2012- Summer 2017

### Ph.D. in Psychology

University of Toronto

Mentors: Geoff MacDonald, Emily Impett, Amy Muise

Thesis title: *Great Expectations: How Implicit Theories of Sexuality Shape Sexual and Relationship Well-Being*

Winter 2015

### Visiting Scholar

Florida State University

Mentor: Jim McNulty

2011-2012

### M.A. in Psychology

University of Toronto

Mentors: Geoff MacDonald, Emily Impett

Thesis title: *Ignoring the Love: Attachment Avoidance and Empathic Accuracy in Romantic Conversations*

2011

### B.A. Honours with Distinction in Psychology and Concurrent Education

Queen's University

Mentors: Tara MacDonald, Lee Fabrigar

Thesis title: *The Relationship Between Perceived Partner Regard and Appearance as Influenced by Attachment Anxiety and Partner Rejection*

## PUBLICATIONS

---

Muise, A., **Maxwell, J. A.**, Impett, E. A. (2018). What theories and methods from relationship research can contribute to sex research. *The Annual Review of Sex Research*, 55, 540-562.

**Maxwell, J. A.**, Muise, A., MacDonald, G., Day, L. C., Rosen, N. O. & Impett, E. A. (2017) How implicit theories of sexuality shape sexual and relationship well-Being. *Journal of Personality and Social Psychology*, 112, 238-279.

**Maxwell, J. A.**, Spielmann, S. S., Joel, S., & MacDonald, G. (2013). Attachment theory as a framework for understanding responses to social exclusion. *Social and Personality Psychology Compass*, 7, 444-456.

Spielmann, S. S., MacDonald, G., **Maxwell, J. A.**, Joel, S., Peragine, D., Muise, A., & Impett, E. A. (2013). Settling for less out of fear of being single. *Journal of Personality and Social Psychology*, 105, 1049-1073.

Spielmann, S. S., **Maxwell, J. A.**, MacDonald, G., & Baratta, P. L. (2013). Don't get your hopes up: Avoidantly attached individuals perceive lower social reward when there is potential for intimacy. *Personality and Social Psychology Bulletin*, 39, 91-107.

## OTHER PUBLICATIONS

**Maxwell, J. A.**, Muise, A., MacDonald, G., & Impett, E.A. (in press). Implicit Theories of Sexuality Scale. In Milhausen, R., Sakaluk, J. K., Fisher, T., Davis, C.M. & Yarber, W. (Eds). *The Handbook of Sexuality-Related Measures* (4<sup>th</sup> ed.).

## RESEARCH FUNDING

|           |   |
|-----------|---|
| 2018      | Society for Personality and Social Psychology Small Research Grant [\$1500] |
| 2017-2019 | SSHRC Postdoctoral Fellowship [\$81,000]                                    |
|           | - Application ranked 4 <sup>th</sup> by topic selection committee           |
|           | - 17% overall competition success rate                                      |
| 2016-2017 | Ontario Graduate Scholarship [\$15,000]                                     |
| 2015      | SSHRC Michael Smith Foreign Study Supplement [\$6 000]                      |
| 2013-2016 | Joseph-Armand Bombardier Canada Graduate Scholarship Doctoral [\$105 000]   |
| 2012-2013 | Ontario Graduate Scholarship [\$15 000]                                     |
| 2011      | Joseph-Armand Bombardier Canada Graduate Scholarship Masters [\$17 500]     |
| 2011      | Ontario Graduate Scholarship [\$15 000, declined]                           |

## HONOURS AND AWARDS

|      |  |
|------|--|
| 2018 | International Association for Relationship Research (IARR) Dissertation Award [\$300]                    |
| 2018 | Society for the Improvement of Social Psychology (SIPS) Conference Travel Award [\$400]                  |
| 2017 | University of Toronto Ken Dion Award for Most Outstanding Social/Personality Psychology Graduate Student |
| 2017 | University of Toronto Three Minute Thesis Competition, Second Place Winner                               |

- 2017 Relationship Researchers Interest Group (SPSP) 2017 Graduate Student Paper Award
- 2016 University of Toronto Doctoral Completion Award [\$3,180]
- 2015 Society for Personality and Social Psychology Outstanding Research Award [\$100]
- 2014 Canadian Sex Research Forum Student Poster Award; runner-up [\$200]
- 2014 International Association for Relationship Research Conference Student Travel Award [\$380]
- 2014 University of Toronto Social/Personality Best Student Talk Award
- 2014 University of Toronto Arts and Science Travel Grant [\$1 000]
- 2013 Society for Personality and Social Psychology Student Travel Award [\$500]
- 2013 Society for Personality and Social Psychology Student Poster Award; runner-up [\$50]
- 2012 William Line Memorial Graduate Scholarship in Psychology, University of Toronto [\$2 400]
- 2012-2013 University of Toronto School of Graduate Studies Conference Travel Grant [\$860]
- 2012 International Association for Relationship Research Conference Student Submission Award [\$190]
- 2011 Canadian Psychology Association Certificate of Academic Excellence (Honours Thesis)
- 2009-2011 Dean's Honour List with Distinction (awarded to top 3 percent of degree program), Queen's University
- 2010 Geneva Misener Scholarship in Social Sciences for outstanding students, Queen's University [\$2 800]
- 2009 Gordon and Myrtle Adams Scholarship (awarded to female with highest standing in any B.A. program), Queen's University [\$1 300]

## CONFERENCE CONTRIBUTIONS

---

\* denotes supervised undergraduate student at time of submission

### CHAired SYMPOSIA

**Maxwell, J. A.** (2015, October, Chair). *Let's get together ;): The modern day dating landscape*. Speakers: Jessica Maxwell, Dr. Jocelyn J. Wentland & Dr. Amanda N. Gesselman. Symposium conducted at the 2015 annual meeting of the Canadian Sex Research Forum, Kelowna, Canada.

**Maxwell, J. A.** (2015, June, Chair). *Staying Together: Individual and Relationship Factors That Break and Bolster Healthy Romantic Relationships*. Speakers: Dr. Tara MacDonald, Sabrina Thai, Jessica Maxwell & Emilie Auger. Symposium conducted at the 76th annual meeting of the Canadian Psychological Association, Ottawa, Canada.

ORAL PRESENTATIONS

**Maxwell, J.A.** & Meltzer, A. L. (2018, July). *Kiss and make up? Does Sex Benefit Couples after Conflict*. Invited symposium presentation [to be given] at the 2018 meeting of the International Association for Relationships Research, Fort Collins, CO.

**Maxwell, J.A.** & Meltzer, A. L. (2018, February). *Kiss and make up? Does Sex Benefit Couples after Conflict*. Data blitz presentation [to be given] at the Close Relationships Preconference at the 19<sup>th</sup> annual meeting of the Society for Personality and Social Psychology, Atlanta, GA.

**Maxwell, J. A.**, Rossi, M. A., Barranti, M., & MacDonald, G. (2017, November). *Let's Try Something New: Using Response Surface Analysis to Understand the Effects of Sexual Accuracy and Similarity*. Symposium presentation at the 2017 meeting of the Society of Southeastern Social Psychologists, Atlantic Beach, FL.

**Maxwell, J. A.**, Rossi, M. A., Barranti, M., & MacDonald, G. (2017, June). *Let's Try Something New: Using Response Surface Analysis to Understand the Effects of Sexual Accuracy and Similarity*. Oral presentation at the 2017 Mini-Conference of the International Association for Relationships Research, Syracuse, NY.

**Maxwell, J. A.**, Muise, A., MacDonald, G., Day, L. C., Rosen, N. O. & Impett, E. A. (2017, January). *Sexpectations: How Implicit Theories of Sexuality Shape Sexual and Relationship Well-being*. Invited data blitz presentation at the Close Relationships Preconference at the 18<sup>th</sup> annual meeting of the Society for Personality and Social Psychology, San Antonio, Texas.

**Maxwell, J. A.**, Rossi, M. A.\*, & MacDonald, G. (2016, September). *Anxious to Please: Attachment Insecurity and Detecting a Romantic Partner's Sexual Likes*. Data blitz at the 2016 annual meeting of the Canadian Sex Research Forum, Quebec City, Canada.

**Maxwell, J. A.**, Muise, A., MacDonald, G., Day, L. C., Rosen, N. O. & Impett, E. A. (2016, July). *Passionate or Practical? How expectations about sexual satisfaction shape responses to sexual challenges in relationships*. Invited symposium presentation at the 2016 meeting of the International Association for Relationships Research, Toronto, Canada.

Schrage, K. M., **Maxwell, J. A.**, & MacDonald, G. (2016, July). *Feel the love: Behavioural methods of expressing affection to facilitate positive partner reactions*. Presentation at the 2016 meeting of the International Association for Relationships Research, Toronto, Canada.

**Maxwell, J. A.**, MacDonald, G., Muise, A., Peragine, D. & Impett, E.A. (2016, June). *It Just Wasn't Meant To Be: How Destiny Beliefs Shape Anticipated and Actual Romantic Rejection*. Invited symposium presentation at the 77<sup>th</sup> annual meeting of the Canadian Psychological Association, Victoria, Canada.

**Maxwell, J. A.**, Muise, A., MacDonald, G., Day, L. C., Rosen, N. O. & Impett, E. A. (2016, June). *Passionate or Practical? How expectations about sexual satisfaction shape*

*responses to sexual challenges in relationships*. Invited symposium presentation at the 38<sup>th</sup> annual meeting of the Guelph Sexuality Conference, Guelph, Canada.

**Maxwell, J. A.**, DiLorenzo, M. G.\*, & MacDonald, G. (2015, October). *Keeping it Casual: Situational & Individual Differences in the Outcomes of Modern Sexual Relationships*. Symposium presentation at the 2015 annual meeting of the Canadian Sex Research Forum, Kelowna, Canada.

**Maxwell, J. A.**, Rossi, M. A.\*, & MacDonald, G. (2015, June). *I Like It Like That: Differences in Detecting a Romantic Partner's Sexual Likes*. Data Blitz presentation at the Social Personality Section Preconference of the 76<sup>th</sup> annual meeting of the Canadian Psychological Association, Ottawa, Canada.

**Maxwell, J. A.**, MacDonald, G., & Impett, E. A. (2015, June). *Where is the Love? Avoidant Attachment and Empathic Accuracy in Romantic Conversations*. Symposium presentation at the 76<sup>th</sup> annual meeting of the Canadian Psychological Association, Ottawa, Canada.

MacDonald, G., **Maxwell, J. A.**, Muise, A., Day, L. C., & Impett, E. A. (2015, May). *Sexpectations: Destiny and Growth Beliefs Shape Sexual Well-being*. Invited symposium presentation at the 27<sup>th</sup> annual meeting of the Association for Psychological Science, New York, NY.

**Maxwell, J. A.**, Muise, A., Impett, E. A., & MacDonald, G. (2014, July). *Sexpectations: The Benefits of Believing Sexual Satisfaction Takes Work*. Presentation at the 2014 meeting of the International Association for Relationship Research, Melbourne, Australia.

**Maxwell, J. A.**, Muise, A., Impett, E. A., & MacDonald, G. (2014, May). *Destiny and Growth Beliefs in the Bedroom*. Talk at the 2014 York- University of Toronto Social/Personality/Abnormal Conference.

**Maxwell, J. A.**, Muise, A., Impett, E. A., & MacDonald, G. (2013, January). *Sexpectations: The Benefits of Believing Sexual Satisfaction Takes Work*. Data blitz presentation at the 15<sup>th</sup> annual meeting of the Society for Personality and Social Psychology Sexuality Preconference, Austin, TX.

**Maxwell, J. A.**, Muise, A., Impett, E. A., & MacDonald, G. (2013, October). *It Takes Work: The Influence of Implicit Theories of Sexual Relationships On Sexual Satisfaction*. Invited symposium presentation at the Canadian Sex Research Forum, Charlottetown, PEI, Canada.

MacDonald, G., Spielmann, S. S., **Maxwell, J. A.**, & Joel, S. (2012, September). *Social pain and social reward*. Keynote address at the Japanese Psychological Association, Tokyo, Japan.

MacDonald, G., Spielmann, S. S., & **Maxwell, J. A.** (2012, July). *Regulating relationship behavior through social reward perceptions*. Invited symposium presentation at the International Association for Relationship Research, Chicago, IL.

## POSTER PRESENTATIONS

- Schrage, K. M., **Maxwell, J. A.**, & MacDonald, G. (2017, January) *How do I love thee?: Behavioural methods of expressing affection to facilitate positive partner outcomes*. Poster presented at the 18<sup>th</sup> annual meeting of the Society for Personality and Social Psychology, San Antonio, Texas.
- Nunez Segovia, A.\*, **Maxwell, J. A.**, MacDonald, G. (2016, July). *No strings attached? How attachment orientation is related to the varieties of casual sexual relationships*. Poster presented at the at the 2016 meeting of the International Association for Relationships Research, Toronto, Canada.
- Sanscartier, S.\*, **Maxwell, J. A.**, Taylor, J. E.T., Lockwood, P. (2016, May). *Attachment Avoidance and Visual Attention for Emotional Faces over Time*. Poster presented at the 16th annual meeting of the Vision Sciences Society, St. Pete Beach, FL.
- Maxwell, J. A.**, Rossi, M. A.\*, & MacDonald, G. (2016, January). *I Like It Like That: Differences in Detecting a Romantic Partner's Sexual Likes*. Poster presented at the 17th annual meeting of Society for Personality and Social Psychology, San Diego, CA.
- Maxwell, J. A.**, Muise, A., MacDonald, G., Day, L. C., & Impett, E. A. (2015, August). *Great Expectations: Believing Sexual Satisfaction Takes Work Predicts Higher Relationship Well-being*. Poster presented at the annual meeting of the International Academy of Sex Research, Toronto, Canada.
- DiLorenzo, M. G.\*, **Maxwell, J. A.**, & MacDonald, G. (2015, June). *Don't Get Attached: the Influence of Attachment Orientations on the Experience of Casual Sex*. Poster presented at the 76th annual meeting of the Canadian Psychological Association, Ottawa, Canada.
- Maxwell, J. A.**, Muise, A., Impett, E.A., Day, L.C. & MacDonald, G. (2015, February). *Passionate or Practical? How beliefs about sexual satisfaction influence reactions to sexual disagreements*. Poster presented at the 16th annual meeting of the Society for Personality and Social Psychology, Long Beach, CA.
- Maxwell, J. A.**, Muise, A., MacDonald, G., Day, L.C., & Impett, E.A. (2014, October). *Passionate or Practical? How expectations about sexual satisfaction shape sexual well-being*. Poster presented at the Canadian Sex Research Forum, Kingston, ON, Canada.
- Maxwell, J. A.**, Taylor, J.E.T., Pratt, J., & Lockwood, P. (2014, May). *Attachment Style Influences Saccades*. Poster presented at the 13th annual meeting of the Vision Sciences Society, St. Pete Beach, FL.
- Maxwell, J. A.**, MacDonald, G., Impett, E.A., Muise, A., & Peragine, D. (2014, February). *When the Chosen One Doesn't Choose You Back: How Destiny Beliefs Influence Forecasting and Dealing with Rejection at Speed Dating*. Poster presented at the 15th annual meeting of the Society for Personality and Social Psychology, Austin, TX.

Larson, E., **Maxwell, J. A.**, Quickert, R.E., & MacDonald, T.K. (2014, February). *No Strings Attached? Attachment Orientations and Friends with Benefits Relationships*. Poster presented at the 15th annual meeting of the Society for Personality and Social Psychology, Austin, TX.

**Maxwell, J. A.**, MacDonald, G., Impett, E.A., & Le, B.M. (2013, January). *Where is The Love? Avoidant Attachment and Empathic Accuracy in Romantic Conversations*. Poster presented at the 14th annual meeting of the Society for Personality and Social Psychology, New Orleans, LA.

**Maxwell, J. A.**, Le, B.M., MacDonald, G., & Impett, E.A. (2012, July). *Ignoring Love: Attachment Avoidance Influences Empathic Accuracy in Romantic Conversations*. Poster presented at the International Association for Relationship Research in Chicago, IL.

Wood, J. K., Fabrigar L. R., **Maxwell, J. A.**, Hewitt, L. D. & Wegener, D. T. (2012, January). *Minority Report: Cognitive Elaboration Moderates Minority Influence in Groups*. Poster presented at the 13th annual meeting of the Society for Personality and Social Psychology, San Diego, CA.

## MENTORING AND TEACHING

---

### COURSE INSTRUCTOR (University of Toronto)

Spring 2014-Summer 2017 Social Psychology of Interpersonal Relationships instructor (x5)

- Course evaluations: above department and faculty average on all metrics.
- Highest course evaluations for instructor of Psychology lecture course Summer 2017

### TEACHING ASSISTANT (University of Toronto)

Winter 2017 Research Specialist Research Practicum

Fall 2015 Theories of Psychopathology and Psychotherapy

Fall 2014 Intergroup Relations

Winter 2012- Winter 2014 Social Psychology of Interpersonal Relationships

Summer 2012 Sex Roles & Behaviour

### GUEST LECTURES

2018 Personality Psychology, Florida State University

2017 Social Psychology, Florida State University (x2)

2017 Research Specialist Seminar, University of Toronto

- 2016 Couple and Family Relationships, University of Guelph
- 2013- 2015 Social Psychology of Interpersonal Relationships, University of Toronto (x7)
- 2012 Sex Roles and Behaviour, University of Toronto

#### UNDERGRADUATE STUDENT MENTORING

- 2015-2016 Alicia Nunez Segovia, Thesis Student
- 2014-2015 Shayne Sanscartier, Thesis Student
- 2014-2015 Megan Rossi, Independent Project Student
- 2014 Miranda DiLorenzo, Independent Project Student
- 2013-2014 Jesse Wilde, Thesis Student \* Winner of department's CPA Certificate of Academic Excellence
- 2014 Shayne Sanscartier, Mini-Thesis Student
- 2014 Michelle Hu, Mini-Thesis Student
- 2013 Carly Degenstein, Independent Project Student
- 2012 KaiYi Chuah, Independent Project Student
- 2012 Zoe Martin, Mini-thesis Student

#### **PROFESSIONAL DEVELOPMENT**

- 2016 University of Toronto Department of Psychology Teaching & Learning Community of Practice
- 2016 *How to Write a Lot*, University of Toronto, instructed by Paul Silvia
- 2016 *Bayesian Cognitive Modeling*, University of Toronto, instructed by Drs. Michael Lee and Joachim Vandekerckhove
- 2016 *Open Science Workshop*, University of Toronto, instructed by Dr. Liz Page-Gould
- 2015 *Open Science for Relationship Research*, University of Toronto Mississauga, instructed by Dr. Lorne Campbell
- 2015 *Summer Institute in Social and Personality Psychology*; Evolutionary Psychology workshop, Northeastern University, instructed by Drs. Jon Maner, Josh Ackerman & Debra Lieberman
- 2015 *Dyadic Data Analysis Workshop*, Summer Institute in Social and Personality Psychology, instructed by Dr. Tessa West
- 2014 *Undergraduate Student Teaching Workshop*, University of Toronto, instructed by Dr. John Vervaeke



- 2014 *Mediation & Moderation Workshop*, University of Toronto, instructed by Dr. Andrew Hayes
- 2014 *Teaching Assistant Training Program Teaching Fundamentals* certificate (6 workshops)
- 2014 *Multilevel Modeling Workshop*, University of Toronto, instructed by Dr. David Kenny
- 2013 *Dyadic Data analysis using MLM*, Data Analysis Training Institute of Connecticut, instructed by Drs. David Kenny and Randi Garcia
- 2012 *Multilevel Modeling Workshop*, University of Toronto, instructed by Dr. Aleksandr Kogan
- 2012 *Summer Program in Data Analysis (Multilevel Modeling)*, York University, instructed by Drs. John Fox and Georges Monette

## PROFESSIONAL SERVICE

---

### PEER-REVIEW

Ad hoc reviewer: *Archives of Sexual Behavior*, *Journal of Sex Research*, *Journal of Social and Personal Relationships*, *Personal Relationships*, *Personality and Social Psychology Bulletin*.

Submission reviewer/judge for: *Society of Southeastern Social Psychologist* poster award (2017), *International Association for Relationships Research* presentations (2016), *Society for Personality and Social Psychology* Graduate Student Committee Outstanding Research Award (2014), *Association for Psychological Science* poster presentations (2013)

### OTHER

- 2015- present            Journal of Social and Personal Relationships Editorial Assistant
- 2015- present            Science of Relationships Writer ([www.scienceofrelationships.com](http://www.scienceofrelationships.com))
- 2015 & 2017            “Sexposium” Public Conference Head of Organization Committee
- 2013-2014                University of Toronto Social & Personality Psychology Graduate Student Coordinator
- 2013                        Toronto Relationships Interest Group (TRIG) Student Coordinator

## SOCIETY MEMBERSHIPS

---

- Canadian Psychological Association
- Canadian Sex Research Forum
- International Association for Relationship Research
- International Association for Sex Research
- Society for Personality and Social Psychology

Society for the Improvement of Psychological Science

## SELECTED MEDIA COVERAGE

---

- Psychology Today      The Key to a Good Sex Life—“Sexual Growth Beliefs”  
<https://www.psychologytoday.com/blog/finding-love/201612/the-key-good-sex-life-sexual-growth-beliefs>
- CBC Radio Canada International      Secrets to a Happy Sex Life.  
<http://www.rcinet.ca/en/2016/11/17/secrets-to-a-happy-sex-life/>
- The Independent      Great sex expectations: How to have a good sex life in long-term relationships <http://www.independent.co.uk/life-style/love-sex/secret-good-sex-life-long-term-relationships-sex-expectations-university-toronto-a7404186.html>
- The National Post      Do problems in the bedroom spell doom for relationships? It depends on your ‘sex expectations’ <http://news.nationalpost.com/news/do-problems-in-the-bedroom-spell-doom-for-relationships-it-depends-on-your-sex-expectations>

## REFERENCES

---

**Dr. Geoff MacDonald**

Department of Psychology  
University of Toronto  
[gmacdonald@psych.utoronto.ca](mailto:gmacdonald@psych.utoronto.ca)

**Dr. Emily Impett**

Department of Psychology  
University of Toronto Mississauga  
[emily.impett@utoronto.ca](mailto:emily.impett@utoronto.ca)

**Dr. Amy Muise**

Department of Psychology  
York University  
[muisseamy@yorku.ca](mailto:muisseamy@yorku.ca)